



# Zeta Phi Beta Sorority, Inc Delta Mu Zeta Chapter, Manhattan Alumnae



Barbara Moore  
International Grand Basileus

Jacqueline Lemon-Denton  
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[Delta Mu Zeta Chapter Officers:](#)

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Michelle P. Stevens  
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Maggie Robinson  
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Valerie Hollingsworth  
Tamias

D'Jara Careathers  
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Scheria Keith  
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Elveta Harris  
Epistoleus

Latieffa Y. Mackey  
Grammateus

To: Members of Delta Mu Zeta Chapter  
Date: June 17<sup>th</sup> 2006  
Re: ZHOPE Fiscal Year-end Report

Below is a detailed breakdown of all activities that were completed by Delta Mu Zeta Chapter for the fiscal years of 2004-2005 and 2005-2006, which was submitted for consideration for ZHOPE Premier Chapter Awards at the 85<sup>th</sup> Grand Boule.

**In fiscal years 2004-2005 DMZ completed a total of 17 projects and in fiscal years 2005-2006 DMZ completed a total of 20 projects** which would bring us to a **grand total of 37 completed projects for both fiscal years.** Our total membership now stands at **55 financial members.**

## ZHOPE Activities for the 2004-2005 Fiscal Year

### Women's Component

- **“Meeting the needs of those spiritually Challenged”**  
*(Spirit segment)* **July 3<sup>rd</sup> 2004**  
Our chapter put together 225 bags of toiletries that we shipped to Boule in California for the Angel Tree Network. The toiletry bags contained the following: **toothbrush, toothpaste, lipstick, face cloth, soap, shampoo, conditioner, perfume, q-tips, cotton balls and hand lotion.**
- **“Prematurity Sunday”** *(Body Segment)* **November 14<sup>th</sup> 2004**  
The chapter participated in Prematurity Sunday for the March of Dimes at two churches, which gave the chapter a **total attendance of 1050** persons that were reached that Sunday.
- **“Planning your Legacy”** *(Mind Segment)* **December 11<sup>th</sup> 2004**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.
- **“A Good Man is hard to Find”** *(Spirit Segment)* **March 26<sup>th</sup> 2005**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.



### Women's Component Continued

- **“Raising Kids in a Fattening World”** (Mind Segment) **May 10<sup>th</sup> 2005**  
Seminar sponsored by our chapter at the Countee Cullen Community Center
- **“Walk or Run for ZHOPE Cause”** (Body Segment) **April 24<sup>th</sup> 2005**  
Chapter members participated in the annual Walk America for healthier babies. *We raised a total of \$1620.00* in donations and matching sponsorships
- **“Don't get Hyped Up”** (Body Segment) **May 13<sup>th</sup> 2005**  
Seminar sponsored by our chapter on Hypertension and exercise at the Countee Cullen Community Center.

### Men's Component

- **“Planning your Legacy”** (Mind Segment) **December 11<sup>th</sup> 2004**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.
- **“Don't get Hyped Up”** (Body Segment) **May 13<sup>th</sup> 2005**  
Seminar sponsored by our chapter on Hypertension and Exercise at the Countee Cullen Community Center
- **“A Good Woman is Hard to Find”** (Spirit Segment) **June 16<sup>th</sup> 2005**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.
- **“Raising your Kids in a Fattening World”** (Mind Segment) **May 10<sup>th</sup> 2005**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.

### International Women's Component

#### These three activities were all completed on March 26<sup>th</sup> 2005

- Literacy/Education (Mind Segment) **One hundred and fifty shoeboxes** were filled to capacity with school supplies, and then shipped to Ghana West Africa to one of the Village Schools in the area. The boxes contained the following: **Notebooks, pencils, pens, calculators (Large and small), flash cards for multiplication, division, subtraction, addition and the alphabet. 500 piece mini puzzles, coloring books, protractors, rulers, crayons, magic markers, toys for boys and girls, diaries and colored pencils.**
- For the Body Segment the chapter donated **\$750.00 to pay for 150 food baskets** for villagers in Ghana. The following items are bought by the center in Ghana to place in the baskets: Rice, potatoes, beans, smoke fish, fresh vegetables that are in season and a food supplement (such as ensure). A basket of this nature will feed four people for 3 months. Therefore 600 people will be fed by our generous donation.
- For the Spirit Segment the chapter donated **\$700.00 to the Women's Shelter** in Ghana West Africa. This is an ongoing donation that began in 2003. Since then we have donated a total of \$1300.00 to this shelter.



## Youth Component

- **“Z-Pack it Up”** *(Mind Segment)* **May 21<sup>st</sup> 2005**  
Delta Mu Zeta donated 21 backpacks to P.S. 194 Countee Cullen Public School. These backpacks were filled with the following articles: Pens, Pencils, erasers, rulers, flash cards for multiplication, division and spelling. A toy for a girl or a boy and 500-piece mini puzzle sets.
- **“Walk or Run for a ZHOPE Cause”** *(Body Segment)* **April 24<sup>th</sup> 2005**  
Our Youth participated in the March of Dimes Walk America Sunday and *raised \$100.00* for the worthy cause.
- **“Meeting the needs of those Spiritually Challenged”** *(Spirit Segment)* **June 17<sup>th</sup> 2005**  
Our Youth with the help of our chapter members put together 60 bags of toiletries for a women’s shelter on 40<sup>th</sup> Street and 9<sup>th</sup> avenue in Manhattan. The toiletry bags consisted of the following: **Toothbrush, Shampoo, conditioner, mouthwash, soap, Q-tips and cotton balls.**

## ZHOPE Activities for the 2005-2006 Fiscal Year

### Women’s Component

- **“The Healthy Lifestyle Game Plan”** *(Mind Segment)* **February 15<sup>th</sup> 2006**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.
- **“Stop the Partner Violence”** *(Spirit Segment)* **February 18<sup>th</sup> 2006**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.
- **“Knowing about Sickle Cell Anemia”** *(Mind Segment)* **March 25<sup>th</sup> 2006**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.
- **“Walk or Run for ZHOPE Cause”** *(Body Segment)* **April 30<sup>th</sup> 2006**  
Chapter members participated in the annual Walk America for healthier babies. *We raised a total of \$1681.00* in donations.
- **“Meeting the Needs of Those Spiritually Challenged”** *(Spirit Segment)* **July 25<sup>th</sup> 2005**  
Donated Clothing, shoes, boots and a \$500.00 cash donation at the 85<sup>th</sup> Celebration in Washington DC.

### Men’s Component

- **“The Other Silent Killer –Cholesterol”** *(Body Segment)* **March 22<sup>nd</sup> 2006**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.
- **“Stop the Partner Violence”** *(Spirit Segment)* **April 8<sup>th</sup> 2006**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.



## Youth Component



- **“Knowledge of Stepping”** (Mind Segment) **February 11<sup>th</sup> 2006**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.
- **“Self Esteem Matters”** (Spirit Segment) **December 22<sup>nd</sup> 2005**  
Seminar sponsored by our chapter at the Countee Cullen Community Center.
- **“Stop Tobacco Use Now”** (Body Segment) **May 22<sup>nd</sup> 2006**

## International Women’s Component

**Literacy/Education** (Mind Segment) **200 Hardcover textbooks** were shipped in two large barrels to Ghana West Africa to be used at several village schools. (These were math and reading books for elementary students. The cost of shipping was \$320.00. **October 17<sup>th</sup> 2005**

- For the **Body Segment** our chapter donated **\$750.00 to pay for 150 food baskets** for villagers in Ghana. The following items are bought by the center in Ghana to place in the baskets: Rice, potatoes, beans, smoke fish, fresh vegetables that are in season and a food supplement (such as ensure). A basket of this nature will feed four people for 3 months. Therefore 600 people will be fed by our generous donation. **October 31<sup>st</sup> 2005**
- For the **Spirit Segment** our chapter donated **\$300.00 to the Women’s Shelter** in Ghana West Africa. **October 18<sup>th</sup> 2005**
- **Literacy/Education** (Mind Segment) **350 Hardcover textbooks** were shipped in two large barrels to Ghana West Africa to be used at several village schools. (These were math, science and reading books for elementary students. The cost of shipping was \$300.00. **November 7<sup>th</sup> 2005**
- For the **Body Segment** our chapter **purchased a second water well** to be constructed in one of the villages in Ghana West Africa. **Purchase price was \$3000.00** **June 20<sup>th</sup> 2005**
- For the **Spirit Segment** our chapter donated **\$300.00 to the Women’s Shelter** in Ghana West Africa. **October 31<sup>st</sup> 2005**
- **Literacy/Education** (Mind Segment) – Special approved project by Soror Singletary. **16 computers, 4 printers, 1 copier, 1 laptop, 6 reams of paper, 4 mouse pads, numerous computer accessories and software which was loaded on each machine** was shipped to a Warehouse in Ghana West Africa and will be held there until Soror Singletary arrives to distribute to various village schools. The total cost of shipping 38 crates was \$1900.00 and another \$234.00 for the wood and nails to build the crates. **May 22<sup>nd</sup> 2006**
- For the **Body Segment** our chapter **purchased a third water well** to be constructed in one of the villages in Ghana West Africa. **Purchase price was \$3000.00** **March 22<sup>nd</sup> 2006**
- For the **Spirit Segment** our chapter donated **\$750.00 to the Women’s Shelter** in Ghana West Africa. **March 22<sup>nd</sup> 2006**



**For Social Action** National sent out a memorandum that if Chapters participated in the Zeta Sigma Project get out and vote, ZHOPE credit points would be awarded each chapter that participated. **Delta Mu Zeta and Epsilon Sigma hosted “Zeta Sigma Project Vote Day” on October 1<sup>st</sup> 2005**

## **Summation of events/activities for Delta Mu Zeta for fiscal years 2004-2006**

### ***Activities***

#### ➤ **12 Activities for the Women’s Component**

*(4 Spirit, 4 Mind and 4 Body)*

**Raised a total of \$3301.00** for the March of Dimes Walk America for Healthy Babies.

**Donated \$500.00 to the Angel Tree Network**

**Spent an estimated \$600.00 for toiletries**

#### ➤ **6 Activities for the Men’s Component**

*(2 Spirit, 2 Mind and 2 Body)*

#### ➤ **12 Activities for the International Women’s Component**

*(4 Spirit, 4 Mind and 4 Body)*

**\$1500.00 in total for Food Baskets**

**\$6000.00 in total for 2 Water Wells**

**\$2050.00 in total to the Women’s Shelter**

**Spent an estimated \$725.00 for school supplies**

**\$3120.00 in total for all shipping charges**

**\$219.00 for supplies to build the wood crates for the computers**

#### ➤ **6 Activities for the Youth Component (5 of which count for Zpoints)**

*(2 Spirit, 2 Mind and 2 Body)*

**Raised a total of \$100.00** for the March of Dimes Walk America for Healthy Babies

**Spent and estimated \$250.00 for school supplies and 21 backpacks**

#### **1 Social Action Special Activity**

### ***Funds Raised/Donated by the Chapter***

A total of \$3401.00 was raised for the March of Dimes.

A total of \$9550.00 was donated to various International Women’s Causes

A total of \$500.00 was donated to the Angel Tree Network in Washington DC

Total of funds raised/donated for the fiscal years 2004-2006 = \$13451.00

Total of funds raised to purchase in kind goods = \$1575.00

***Grand combined total raised/donated = \$15026.00***



### ***In kind donations made by the Chapter:***

- 550 hard cover textbooks (Math Science and Reading)
- 150 shoe boxes with school supplies
- 16 computers, 4 printers, 1 copier, 1 laptop, 6 reams of paper, 4 mouse pads and various computer accessories
- 225 bags of toiletries to the Angel Tree Network in California
- 60 bags of toiletries to a Women's Shelter in Manhattan
- 21 backpacks filled with school supplies to PS 194 Countee Cullen Public School
- Clothing, shoes and boots were donated for a Dress for Success program in Washington DC

### ***Seminars hosted by the Chapter: (13 in total)***

- Planning your Legacy
- A Good Man is Hard to Find
- Raising Kids in a Fattening World
- Don't Get Hyped Up
- A Good Woman is Hard to Find
- The Healthy Lifestyle Game Plan
- Stop the Partner Violence (twice Given)
- Knowing about Sickle Cell Anemia
- The Other Silent Killer Cholesterol
- Knowledge of Stepping
- Self Esteem Matters
- Stop Tobacco Use Now

I would like to thank the team of Sorors that made this all possible: Sorors Latasha Johnson and Ebony McLean. The youth segment was strengthened by their untiring dedication. Sorors Irene Anderson and Zenda Smith for picking up where Latasha left off and organized the balance of the seminars with their own flare and style. To Soror Celina Simmons and her committee for working extremely hard on the Silent Auction/raffle that garnered \$3017.00 which made it possible for us to complete a number of International projects and last, but by no means the least, to each member of Delta Mu Zeta Chapter that reached into their pockets and gave from the heart on more than one occasion to a very worthy cause.

***ZHOPE – Zetas Helping Other People Excel through Mind, Body and Spirit***

Thank you my Sisters you all have done well!!!!

***Soror Valerie Hollingsworth***

DMZ Chapter ZHOPE Coordinator

***“The Journey Continues”***